

**AN APP FOR THAT**  
***Confession App* •• January 21-22, 2012**

**ICE-BREAKER:**

As a group, take some time to pray using one-sentence prayers:

“Lord, I’m thankful for…”

“Lord, I want to praise you for…”

“Lord, show me what to do about…”

**INTRODUCTION:**

When you think of “confession,” what is the first thing that comes to mind?

What is the goal or purpose of confession?

How can confession simply provide a license to sin again?

**QUESTIONS FOR DISCUSSION:**

1. It’s been said that when we confess our sins to God, He forgets them. Check out Psalm 103:12. What do you think it means that God forgets? Can an all-knowing God forget? How can God forget King David’s confessed sin when it’s been recorded in the Bible and Roger preached about him?

*Hint: When God forgives, it doesn’t mean He forgets. It means He will never hold that sin against you.*

2. What is genuine “confession”?

3. Read Numbers 5:5-7 and Luke 19:8-9. Why is restitution a necessary part of confession?

4. What is the difference between confession and repentance? What is the difference between repentance and reconciliation? How do all these words fit into the practice of “confession”?

5. Explain how genuine confession leads to genuine change.

6. Why must we confess our sins to each other? (See James 5:16) What are the possible consequences of concealing our sins? Whom do you tell--just anyone?

7. Discuss the statement: “You are only as sick as your secrets.”

8. Analyze the Prodigal Son’s confession to his father. Was it genuine confession? Luke 15:18-20 (TNIV) *“Father, I have sinned against heaven and against you. I am no longer worthy to be called your son; make me like one of your hired servants.”*

**WHAT WILL YOU DO?**

1. Are you playing the sin-confess game? If so, when and how are you going to replace the game with genuine confession?

2. What do you need to confess?

3. Who do you need to tell?

**THINK ABOUT IT** (Something to memorize)

*Therefore confess your sins to each other and pray for each other so that you may be healed. James 5:16 (TNIV)*