

**PURE SEX**  
*Twisted Sex • February 27/28, 2010*

**ICEBREAKER:**

*Take some time to get to know each other with some open sharing:*

- Describe your week in one word....
- Did God surprise you this week? If so, how...

**INTRODUCTION:**

In what ways does our society worship the human body and sex?

What makes it hard to admit and turn from sexual sins?

**QUESTIONS FOR DISCUSSION:**

Based on Craig Groeschel's weekend talk, there is the hook of temptation. To counteract this, we must take three actions steps.

**1. The Hook: Read Romans 1:24-28; and James 1:13-17**

- According to Romans 1:24, what causes us to turn to the creature rather than the creator?
- Where does pursuing pleasure apart from God lead? Based on these verses, what is the root problem when it comes to sexual sin?
- How is deception involved in getting us hooked into sexual sin? What are some lies we believe that affect our desires and choices?

**2. Bouncing your eyes. Read Matthew 5:27-29 and Job 31:1**

- How did Jesus define adultery? How does it start? When does looking at someone become inappropriate?
- What do you think Jesus was implying by getting rid of your eye?
- If sin is not dealt with at its inception, where does it lead?
- As a Christ follower who has received forgiveness and grace, why are our moral choices important?

**3. Capture your thoughts. Read 2 Cor. 10:4-5; Philippians 4:8**

- All temptation and sinful behavior begins in our thoughts. On a practical level, how do we go about disciplining our thought life?
- We can't keep bad thoughts out, but we can make a conscious choice to reject and renounce them. On what are we to focus our thoughts? Give an example of replacing a sensual thought with one that is true and glorifies God.
- How is renewing our minds different from positive thinking?
- What does it mean to set your mind on things above? What has died in us? Where is our life now found? If we truly believed this, how would we live?

**4. Run for your life! Read Romans 13:9-14; 1 Corinthians 6:15-20; 10:12-14.**

- How are sexual sins a violation of the greatest commandment? What deeds are we to put off? Is putting on the Lord Jesus just a matter of changing our behavior? If not, what does this mean?
- What are we to flee from? Why should we abstain from sexual behavior outside of marriage? What does it mean to be "one spirit" with Christ? To whom do our bodies belong? What power have we been given to overcome sexual sins?

**WHAT WILL YOU DO?**

1. Ask the Lord to give you a healthy and pure perspective of other people, especially the opposite sex. Confess and renounce any wrong thoughts, beliefs and behaviors concerning sex. Ask God to show you the true destructiveness of sexual sins.
2. Ask God to heal your mind and empower your commitment to eliminate sexual immorality of any kind from your life.
3. Practice mentally taking captive any distorted sexual thought that enters your mind and replace it with what is true, good, and pure according to God's Word. Spend focused time in praise and worship, filling your mind with God's goodness, grace, and love. Find an accountability and prayer partner who can speak into your life.