

## WHY YOU AREN'T SLEEPING

### The Pain

Roger Pryor—April 17/18, 2010

## LIFE HURTS!

### THE “WHY” QUESTION

*I am disgusted with my life. Let me complain freely. My bitter soul must complain. I will say to God, ‘Don’t simply condemn me—tell me the charge you are bringing against me. What do you gain by oppressing me? Why do you reject me, the work of your own hands, while smiling on the schemes of the wicked?’ Job 10:1-3 (NLT)*

1. The world is broken
2. We suffer pain from others
3. Pain is self-inflicted
4. God sends pain

### ANSWERS FOR THE HEART

#### 1. Pain happens

*For we know that all creation has been groaning as in the pains of childbirth right up to the present time. And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering.... Romans 8:22-23 (NLT)*

*Dear friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you. 1 Peter 4:12 (NIV)*

#### 2. God promises a pain-free eternity

*We, too, wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us. Romans 8:23 (NLT)*

*He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. Revelation 21:4 (NLT)*

*But as for me, I know that my Redeemer lives, and he will stand upon the earth at last. And after my body has decayed, yet without my body I will see God! I will see him for myself. Yes, I will see him with my own eyes. I am overwhelmed at the thought! Job 19:25-27 (NLT)*

#### 3. God lives in our current pain

*And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. Romans 8:26 (NLT)*

*When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up...For I am the Lord, your God... Isaiah 43:2-3 (NLT)*

#### 4. God makes good on pain

*And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them. For God knew his people in advance, and he chose them to become like his Son... Romans 8:28-29 (NLT)*

*The Lord is close to the brokenhearted; he rescues those whose spirits are crushed. Psalm 34:18 (NLT)*